



Camp Sequoia Parent Forms Checklist

- Read the Camp Sequoia Parent Handbook
- Read the Medical Forms and Prescription Guide
- Fill out the Camp Sequoia Parent Completed Health Form (Form 1)
 - Make 3 copies of this form: one will go to Camp Sequoia, one will go to your child's physician, and one should be kept for your records
- Fill out the top portion of the Physician's Form (Form 2) and send to your camper's physician along with a copy of (Form 1).
- Fill out Camp Sequoia Medication Form and Camp Sequoia Prescription Authorization Form, which are together.
 - Make 3 copies of each of these forms: one will go to Camp Sequoia, one will go to our Pharmacy, and one should be kept for your records
- Make 2 copies of the front and back of your credit card and Insurance cards to send to Camp Sequoia and our Pharmacy

(NOTE: Our Pharmacy does not take American Express)
- Order 2 Light Blue Sequoia T-Shirts from Camp Spot, our clothing outfitter (1 is FREE) (www.thecampspot.com)