



Confidence, Friendship & Character





Who We Serve

Our campers are loveable, capable, active, and creative boys who are actively improving their social skills. Many have ADHD and other similar diagnoses who do not need the level of support offered at special needs overnight camps yet need a different experience than a traditional overnight camp can offer. Sequoia is a place where young men can become the best versions of themselves and thrive socially.

The Sequoia Difference

Camp Sequoia is a supportive overnight camp for exceptional young men ages 7-17, focusing on the unique needs of boys with ADHD and those working on social or life development skills. Our 2:5 staffing ratio allows campers to have fun and grow in a safe and supportive camp environment.



Camp Sequoia uses a holistic approach to working with campers who have social skill needs. We create a fully immersed experience by integrating social cognitive and frustration tolerance concepts, as well as a vocabulary of positive reinforcement.



Our Team

Under the supervision of a camp leadership team with 25+ years experience, our staff consists of undergraduate and graduate students, teachers and professionals with backgrounds in various fields that serve children with social learning needs. Our comprehensive staff training includes research-based

approaches integrating social cognition concepts and support with frustration tolerance into a fun camp experience. Additional training in CPI® (Crisis Prevention and Intervention) allows staff to help campers read body language, understand paraverbal communication, haptics, and non-verbal cues.

Success at Sequoia

Programs

Our Summer Camp programs are divided into five age-based divisions designed to help young men develop friendships, confidence, and character. We want our campers to be able to engage with same-age peers and understand social expectations in order to learn how to make and retain friends and become successful members of the community.



Activities

Camp Sequoia allows campers to choose from over 75 favorite camp activities each week. Some, like our STEM Academy, continue through the entire session, while others, like cooking, can be selected on a weekly basis to expand campers' horizons and circle of friends.



The camp offers the perfect balance of activities and the staff willingly accommodates individual needs. I would recommend Sequoia for any boy who struggles with ADHD or social skills. The camp understands these kids.

— MELISSA, PARENT



Trips

From Baseball to Theme Parks to the Beach, weekly trips enhance the social learning focus of our program. It also provides our campers with the opportunity to have fun, engage with their peers and practice their acquired skills with members of the community.



Facilities

Camp Sequoia is very fortunate to call the Perkiomen School campus our summer home. The beautiful grounds of the campus offer a wide array of playing fields and outdoor athletic facilities such as tennis and basketball courts. Our indoor facilities include a climate-controlled swim center, multiple full-sized gyms and top-notch art facilities with skylights.



Interested in checking out our community?

Sign up to attend an open house at camp-sequoia.com/open-house

Take the virtual tour camp-sequoia.com/virtual-tour



Outside, campers enjoy opportunities for fishing on an 800-acre lake, camping, boating and wilderness skills under the guidance of staff members who are Eagle Scouts or Gold Award recipients.



Residential Life

Campers at Camp Sequoia enjoy semi-private, climate-controlled rooms. Staff members live across the hall or next door to our campers and we take great care in rooming campers by shared interests. We have a dedicated social lounge for each age group (division) that

includes couches, tables, board games, cards, K'Nex, Keva planks, Legos and more. This provides our campers with both comfortable community and personal space throughout the summer.

Ready for the Summer of a Lifetime?

Apply now
camp-sequoia.com/apply

I learned how to independently live at Camp Sequoia, and I would not be able to live at college if I hadn't come.

— JUSTIN, ALUMNI CAMPER





Hawaii Adventure

The Hawaii Adventure is a once in a lifetime trip for campers. Under the guidance of a Retired National Park Service Interpretive Ranger and the founding Director of the Hawaii Volcanoes National Park Institute, they have the opportunity to practice their transitions skills in an environment that supports cultural awareness and personal growth. They also have the chance to interact with local merchants and practice their social skills while enjoying the beautiful tropical setting.





All itineraries are personally crafted based on individual and group interests. Campers will visit attractions such as the Polynesian Cultural Center, the Macadamia Nut Farm and Factory, and the Pohoiki Warm Ponds.

No trip would be complete without a deep-sea fishing expedition and some snorkeling. Excursions reflect unique experiences chosen through collaborative decision making within the group.



Who: Senior/LITs and Sequoia Alumni

Where: Oahu and the Big Island of Hawaii with a Kauai Option for 2021

When: August 2021 (dates tentative)

For more information, visit camp-sequoia.com/hawaii



Camp Sequoia

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