



Camp Sequoia Forms Checklist

- Read the Medical Forms and Prescription Guide
- Login to our parent portal and fill out the following forms:
 - Camper Profile Form
 - Transportation and Baggage form
 - Parent-Completed Health Form
 - Camp Sequoia Medication and Prescription Authorization Form
 - Make a copy of the front and back of your credit card and insurance cards to upload to our online parent portal, then send our pharmacy scripts for all the medications and supplements listed on the Sequoia Medication and Prescription Form
(note: our pharmacy does not accept AMEX)
- Fill out the top portion of the Physician's form and send it to your daughter's physician
- Order 2 Light Blue Sequoia T-Shirts from Camp Spot, our Clothing outfitter (1 is FREE)
[\(http://thecampspot.com/\)](http://thecampspot.com/)